

Yoga Letter of Recommendation

Date: Name of applicant: Program applied for: _____ Recommending Teacher: Teacher's phone number:_____ email: To the teacher: The applicant above is applying for the Yoga Teacher Training Program with River Rock Yoga. The program includes vigorous asana practice, seated study hours, lectures, and hands-on training. Modules are 7 to 9 hours in length, daily. How long have you known the applicant and in what capacity? Is this student consistent with practice at a studio level? Why would you recommend this applicant to a program of this nature? Why will this applicant be an asset to the Yoga Teacher Training Program? I recommend _____for this program and endorse it with my signature.

Signature of Teacher

Date

River Rock Yoga, 3670 Groveland Rd, Suite A, Ocean Springs, MS 39564 Attention: Yoga Teacher Training Program