



Personal Letter of Recommendation

Date: _____ Name of applicant: _____

Program applied for: _____

Recommending Person: _____

Phone number: _____

Email: _____

The applicant above is applying for the Yoga Teacher Training Program with River Rock Yoga. The program includes vigorous asana practice, seated study hours, lectures, and hands-on training. Modules are 7 to 9 hours in length, daily.

How long have you known the applicant and in what capacity? _____

Is this person capable of working consistently with others with an attitude of willingness to grow and learn? _____

Why will this applicant be an asset to the Yoga Teacher Training Program? _____

I recommend _____ for this program and endorse it with my signature.

Signature

Date

River Rock Yoga, 2429 W. Commerce St., Suite C, Ocean Springs, MS 39564
Attention: Yoga Teacher Training Program