



## Yoga Letter of Recommendation

Date: \_\_\_\_\_ Name of applicant: \_\_\_\_\_

Program applied for: \_\_\_\_\_

Recommending Teacher: \_\_\_\_\_

Teacher's phone number: \_\_\_\_\_

email: \_\_\_\_\_

**To the teacher:** The applicant above is applying for the Yoga Teacher Training Program with River Rock Yoga. The program includes vigorous asana practice, seated study hours, lectures, and hands-on training. Modules are 7 to 9 hours in length, daily.

How long have you known the applicant and in what capacity? \_\_\_\_\_

\_\_\_\_\_

Is this student consistent with practice at a studio level? \_\_\_\_\_

\_\_\_\_\_

Why would you recommend this applicant to a program of this nature? \_\_\_\_\_

\_\_\_\_\_

Why will this applicant be an asset to the Yoga Teacher Training Program? \_\_\_\_\_

\_\_\_\_\_

I recommend \_\_\_\_\_ for this program and endorse it with my signature.

\_\_\_\_\_  
Signature of Teacher

\_\_\_\_\_  
Date

**River Rock Yoga, 2429 W. Commerce St., Suite C, Ocean Springs, MS 39564**  
Attention: Yoga Teacher Training Program